



Dolomiti di Brenta Bike

trailing bears by MTB



The new Dolomiti di Brenta Bike trail

Mtb tours for Families & Experts

Wandering by bike through the fascinating landscape of the Dolomiti di Brenta Group along different linking ring-like trails. The ideal environment for discovering the pure natural beauty of the Adamello-Brenta Park along tracks of varying difficulties suitable for family groups but also for experts looking for inique, exciting emotions in complete safety.

All this is **Dolomiti di Brenta Bike**, the new ring-like trails for Mtb lovers, with two itineraries that are geared towards different abilities. Stopovers are included along these routes which wind their way through the most captivating mountains of the Trentino region; the Dolomiti di Brenta can be compared to a giant cathedral topped by rocky spires. The territory is composed of six different valleys, each with its own individual morphological, cultural and managerial characteristics. Together, as part of the Dolomiti di Brenta Bike project, they have created an unparalleled holiday proposal which combines sport, culture and eno-gastronomic specialties.

Some of the most famous tourist resorts of the Trentino region such as Madonna di Campiglio and the Rendena Valley, the Terme di Comano and the Giudicarie Valleys, Molveno lake, Andalo and the Paganella plateau, the Non and Sole Valleys can be reached by bike.

Dolomiti di Brenta Bike offers an unforgettable experience characterized by the culture and natural environment of the area through exceptional images and sounds, in the same area that is also home to the Brown Bear, symbol of the Adamello-Brenta Park.

The two itineraries follow unpaved trails through pine and beech forests, narrow paths which reach pastures surrounding typical mountain homes, tiny roads that lead to quaint hamlets. The trail passes through the typical agricultural fields of the mountain area: the orchards of the Non and Sole Valleys, the vineyards, the cornfields and the pasture areas of the Giudicarie Valley – along the bike trails which follow the streams flowing in the heart of the valleys. Paved roads compose only a minimal part of the tracks.



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These are the two Dolomiti di Brenta Bike itineraries:

- **Family:** this track has been studied to stimulate the appetite of the most tranquil bikers who desire safety above all, but want some action too, just to remember that we are in the pure mountain environment of the Dolomiti di Brenta! The route is made up mostly of bike trails, unpaved country roads and a few hills. During the summer, a shuttle bus runs between Dimaro and Campo Carlo Magno and between Pinzolo and Madonna di Campiglio, in order to avoid the more difficult parts of the trail.
- **Experts:** this itinerary is dedicated to the real athlete who loves difficult runs and steep climbs and pays no attention to fatigue. The route includes unpaved roads, mountain paths reaching up to 2300 metres and exhilarating downhill runs.

Bikers can personalize their itinerary on the basis of the technical characteristics and difficulties involved, the services offered and the accommodation for the stopovers. There are no fixed routes, each biker can decide according to his skills and abilities, and when and where he wants to stop.

Some information:

Itinerary	Lenght (Km)	Height difference (m)	Unpaved roads (Km)	Mountain paths (km)	Bike trails	Paved roads
EXPERT	171	7700	115	6 (1)	0	50
FAMILY	136	4600	51	0	32	53
Only EXPERT				100		
Only FAMILY				65		
Suitable for both				71		
Total kilometers				236		

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